



**Support**



**Educate**



**Empower**



the  
**hospice**

[www.thehospice.ca](http://www.thehospice.ca)

Dear Friends of Hospice,

It is always a privilege to share the work of The Hospice of Windsor & Essex County Inc. in the community. From our humble beginnings in 1979 in the old Metropolitan General Hospital, we have grown to our current 4.7 acre property, which houses the largest community based hospice palliative care village in Canada. For me, Hospice has always been about living well through all the stages of life's journey and we are continually grateful to serve each of our patients and families.

At the Hospice, we offer programs and services for patients and their families from the time of pre-diagnosis through to bereavement. We have a team of dedicated, professional staff who provide outstanding care at every stage of a life-altering diagnosis. The Hospice Village is the very first community based village concept in North America. We have the following on-site to ensure quality services in a convenient location: the Wellness Centre, the Pain and Symptom Management Clinic, the Children and Family Programs House, as well as the Hospice Residential Home, Healing Gardens and April's Garden Conservatory.

What we do at Hospice is diverse: we offer more than 47 programs and services to facilitate pain and symptom management, counselling, relaxation, stress management, education, and of course palliative care. Our work is supported by an inspiring group of volunteers who give selflessly of their time, talents and resources to keep all of our services available at no cost to those who need them most.

Our care at Hospice is also community based. Patients and their families can access palliative care physicians, nurse educators, social workers and spiritual care providers in the home. We can also offer respite volunteers around the clock.

I would invite you to take a moment and find out for yourself what Hospice does and how we might help you or your loved one. It is an honour to represent an agency that is able to help so many people throughout Windsor and Essex County.



**Carol Derbyshire**  
*Executive Director*

Sincerely,

*Carol Derbyshire*

## Did You Know?

All programs and services at the Hospice are provided at no cost to patients and families. We rely on the generosity of people in Windsor and Essex County to support our operating expenses, so that every person has access to outstanding care when they need it most.

If you would like to help support compassionate care in the community through a financial donation, an in-kind donation, a fundraising event, or another kind of gift, please contact a member of our team today.

519.974.7100 | [www.thehospice.ca](http://www.thehospice.ca)

# Living with Hospice

Our mission is to support, educate and empower those who are affected by or caring for a person with a life-altering diagnosis. With advancements in modern medicine, these diagnoses are becoming chronic for many patients, requiring long term management. With that goal in mind, the Hospice is committed to leadership and innovation in supportive care, allowing patients and families to continue living their lives.

We offer more than 47 wellness programs, including the following highlights:

- Radiant Touch® & Authentic Reiki®
- Therapeutic Touch
- Yoga
- Tai Chi / Qi Gong
- Meditation
- Are You Sleeping? Workshop
- Family Works
- Couples Group
- Family & Friends Caregiver Group
- Living Through Grief
- Pottery and Pallates
- Guitars for Teens
- Fun Times for Kids
- Kids Kicking Cancer
- Scouting with Hospice
- Lego Club
- ALS Group
- Gentle Exercise Classes
- Multiple Myeloma
- Hospice Wellness Band
- Spiritual Care
- Life Stories - Story Telling
- Creating Memory Albums
- Drop-In Group
- Lifestyle Changes
- Mind Matters
- Men's Club

Self-referral to the Hospice Wellness Centre is encouraged. For more information, please visit our website or contact our Service Coordinator:

Linda Sabatini  
519.974.7100 | [www.thehospice.ca](http://www.thehospice.ca)

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## Hospice Residential Home

The Hospice Residential Home (HRH) is the newest addition to the Hospice Village. The HRH is for individuals and families who can benefit from an alternative to their own home and whose diagnosis and needs have progressed to a point where their care can no longer be managed at home. It is also appropriate for those patients who are alone, without family to assist them.

There are a total of eight large bedrooms in the HRH. Each suite is filled with natural light, has its own sitting area, a fireplace, an outdoor patio and a private bathroom, with shower. Family members and friends are encouraged to stay with their loved one and we have provided a pull-out sofa in every room. Residents and their guests may enjoy music, television and conversation, including iPads and wireless internet. In addition, April's Garden Conservatory brings the outdoors indoors, with a fully air-conditioned outdoor gazebo space.

Palliative care physicians make rounds at the HRH and provide on-call services. Other Hospice services such as spiritual care, social work, therapeutic touch, massage therapy and pet therapy are also offered to complement the traditional medical care available.

All referrals to the HRH are managed by Community Care Access Centre. To inquire about staying in the home, please contact your CCAC case manager and request an assessment. Once the Hospice receives the completed application, the patient may be placed on the waiting list.

For those waiting for a bed in the HRH, the Hospice provides a range of services designed to support patients and their caregivers, including visits from our interdisciplinary team. Please visit our website or contact our Service Coordinator for more information.

Linda Sabatini  
519.974.7100 | [www.thehospice.ca](http://www.thehospice.ca)

# Volunteer

Volunteering with the Hospice may be one of the most fulfilling things you ever do.

We have a variety of volunteer opportunities in areas such as patient care, the Hospice Residential Home, special events or administrative support. Whatever your passion is, we can help you to express it through service to the Hospice. Our volunteers are an essential part of Hospice; we would not be able to offer all of our programs and services at no cost to the community without generous people like you.

Some of the benefits of becoming a volunteer include:

- Sharing the “journey” with patients and families
- Cultivating compassion, communication and caring
- Building lasting friendships
- Working as a member of our interdisciplinary team
- Obtaining a better understanding of life, death and bereavement
- Becoming certified in our comprehensive patient care training
- Supporting fundraising and community engagement initiatives to ensure that programs and services remain available to all patients and families at no cost

Please visit our website or contact a member of our team for more information about the perfect volunteer opportunity for you.

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# Centre of Excellence

The Centre of Excellence leads the Hospice’s teaching, learning and research initiatives to ensure we are a leading national facility.

The Education Centre at the Hospice is pleased to present a variety of interdisciplinary programs tailored for health professionals as continuing education and staff development. We offer educational programming for all sectors of the health care field, including physicians, nurses, personal support workers and caregivers.

For more information about programs that may interest you, please visit our website or contact the Hospice.

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# Library Services

Knowledge is empowering and the Hospice is committed to providing the best and most current information for patients, families and caregivers. We offer a wide variety of materials for loan to the public. There is no fee to sign out materials and all resources are available on one-month loans.

The Hospice library has books in the following subject areas:

- Hospice palliative care
- Living with cancer
- Pain control
- End of life planning
- Death and dying
- Grief

Please visit our website or contact a member of our team today for more information.

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