

## New Book Purchases for the Hospice Library January – June 2018

BOOK TITLE	AUTHOR	SUBJECT
HEALING YOUR GRIEVING HEART FOR TEENS: 100 PRACTICAL IDEAS	WOLFELT, ALAN	GRIEF/TEEN
I WILL ALWAYS LOVE YOU	LYONS, MELISSA	GRIEF
ORPHANED ADULT (THE)	LEVY, ALEXANDER	GRIEF/DEATH OF PARENTS
FIRE IN MY HEART ICE IN MY VEINS (JOURNAL FOR TEENS/YOUNG ADULTS EXPERIENCING LOSS)	TRAISMAN, ENID	GRIEF - TEEN YOUNG ADULT
I WILL ALWAYS LOVE YOU	LYONS. MELISSA	GRIEF
I WILL ALWAYS LOVE YOU	LYONS. MELISSA	GRIEF
YOU CAN HEAL YOUR LIFE	HAY, LOUISE	WELLNESS
FEELING GOOD HANDBOOK	BURNS, DAVID D. MD	MOOD THERAPY
TALKING ABOUT DEATH WON'T KILL YOU - ESSENTIAL GUIDE TO END OF LIFE	KORTES-MILLER, KATHY DR.	END OF LIFE CONVERSATIONS
YOGA FOR EVERY BODY - GENTLE STEPS TO FITNESS FOR EVERY AGE	HARVEY, PAUL	YOGA
N OF 1 REMISSION OF CANCER USING NATURAL METHODS	SABIN, GLEN	CANCER CURE NATURAL METHODS
AROMA REMEDIES	WILDWOOD, CHRISSEY	AROMATHERAPY - REMEDIES
WHAT YOU REALLY NEED TO KNOW ABOUT CANCER, A COMPREHENSIVE GUIDE FOR	BUCHMAN, ROBERT DR.	CANCER
FATHERLOSS How sons of all ages Come to Terms with Deaths of Their Dads	CHETHIK, NEIL	GRIEF/FATHER
TEN MINUTE RELAXATION FOR MIND AND BODY	HARDING, JENNIE	RELAXATION
MAGICK OF AROMATHERAPY(THE) USE OF SCENT FOR HEALING BODY MIND AND SPIRIT	O'HARA, GWYDION	AROMATHERAPY
EMOTIONAL LIFE OF YOUR BRAIN (THE)	DAVIDSON, RICHARD J	BRAIN HEALTH
STRESS 101 AN OVERVIEW FOR TEENS	HYDE, MARGARET	STRESS MANAGEMENT FOR
NATURE'S BEST REMEDIES	NATIONAL GEOGRAPHIC	MEDICINAL PLANTS/HERBS
MIND OVER MOOD SECOND EDITION	GREENBERGER, DENNIS	MOOD - CHANGE MIND AND
SECRETS OF YOUTH AND BEAUTY - AROMATHERAPY FOR NATURAL REJUVENATION	RYMAN, DANIELLE	AROMATHERAPY
PLANT PARADOX (THE) HIDDEN DANGERS IN HEALTHY FOODS	GUNDRY, STEVEN R. M.D.	NUTRITION
DIALECTIC BEHAVIOR THERAPY SKILLS WORKBOOK	McKAY, MATTHEW	DBT THERAPY/OVERWHE
TALKING ABOUT DEATH WON'T KILL YOU - ESSENTIAL GUIDE TO END OF LIFE	KORTES-MILLER, KATHY DR.	END OF LIFE CONVERSATIONS
WHEN BREATHE BECOMES AIR	KALANITHI, PAUL	DEATH/DYING CHALLENGES
HERBS FOR THE SOUL - EMOTIONAL HEALING WITH CHINESE & WESTERN HERBS BACH	KIRCHER, TAMARA	PHARMACOPEIA OF HERB FLOWER
A WOMAN'S BOOK OF YOGA - EMBRACING OUR NATURAL LIFE CYCLES	SEIBEL, MACHELLE M	YOGA - WOMEN

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HERBAL REMEDIES	HEDLEY, CHRISTOPHER	HERBAL REMEDIES
MINDFUL DIET (THE)	WOLEVER, RUTH Q.	FOOD RELATIONSHIP WITH
PRACTICAL AROMATHERAPY - BEGINNER'S GUIDE	RICH, PENNY	AROMATHERAPY
SAVOR MINDFUL EATING MINDFUL LIFE	HANH, THICH NHAT	NUT - MINDFUL EATING
AROMATHERAPY MASSAGE - GUIDE TO MASSAGING WITH ESSENTIAL OILS	MAXWELL-HUDSON, CLARE	AROMATHERAPY MASSAGE
CANADIAN CANCER STATISTICS - 2018 - CANCER INCIDENCE BY STAGE-	CANADIAN CANCER SOCIETY	CANCER STATS
CANADIAN CANCER STATISTICS - 2017 - PANCREATIC CANCER	CANADIAN CANCER SOCIETY	CANCER STATS
AROMATHERAPY TO HEAL AND TEND THE BODY	TISSERAND, ROBERT	AROMATHERAPY
AN A-Z WOMAN'S GUIDE TO VIBRANT HEALTH	VANDERHAEGHE, LORNA R.	FEMALE HEALTH
PRESS PAUSE BEFORE YOU EAT - SAY GOODBYE TO MINDLESS EATING	MINUTE, LINDA	MINDLESS EATING/HEALTH
SEVEN SPIRITUAL LAWS OF YOGA (THE)	CHOPRA, DEEPAK	YOGA
CANADIAN CANCER STATISTICS - 2016 - HPV- ASSOCIATED CANCERS	CANADIAN CANCER SOCIETY	STATS
FINDING PEACE WITHOUT ALL THE PIECES AFTER A LOVED ONE'S SUICIDE	ARCHIBALD, LARITA	SUICIDE
BENJAMIN: MY MUM IS SPECIAL	LAZAI, STEFANIE	MULTIPLE SCLEROSIS
MUSCLE MEDICINE - YOUR GUIDE TO MUSCLE HEALTH (NO DVD)	ROBERT, ANNE	ART/SCIENCE OF MUSCLES
HEALING CRYSTALS AND GEMSTONES - THERAPEUTIC USES AND HEALING EFFECTS	PESCHEK-BOHMER, FLORA DR.	CRYSTALS, GEMSTONES
CANADIAN CANCER STATISTICS - 2014 - LIVER CANCER	CANADIAN CANCER SOCIETY	CANCER STATS
BEARING THE UNBEARABLE LOVE, LOSS, HEARTBREAK OF GRIEF	CACCIATORE, JOANNE	GRIEF
WAHLS PROTOCOL (THE)	WAHLS, TERRY M.D.	PALEO /AUTOIMMUNE
LOVE IS IN THE AIR A KALEIDOSCOPE OF CRYSTALS - DESCRIBING METAPHYSICAL	MELODY	MINERALS METAPHYSICAL
THERE'S NO PLACE LIKE HOPE A GUIDE TO BEATING CANCER IN MIND SIZED BITES	GIRARD, VICKIE	CANCER - COPING/ENCOURAG
MAKING PEACE WITH SUICIDE - A BOOK OF HOPE UNDERSTANDING AND COMFORT	McDOWELL, ADELE RYAN	SUICIDE
HANDBOOK OF CHAKRA HEALING SPIRITUAL PRACTICE- FOR INNER HEALTH HARMONY INNER	GOVINDA, KALASHATRA	CHAKRA
MEDITATOR'S HANDBOOK - GUIDE TO EASTERN AND WESTERN TECHNIQUES	FONTANA, DAVID	MEDITATION TECHNIQUES
ILLUSTRATED HANDBOOK OF BACH FLOWER REMEDIES	CHANCELLOR, PHILIP M.	BACH FLOWER REMEDIES
MEDIKIDZ EXPLAIN MULTIPLE SCLEROSIS	CHILMAN-BLAIR, DR. KIM	MULTIPLE SCLEROSIS
EXPLORING THE LABYRINTH A GUIDE FOR SPIRITUAL HEALING/GROWTH	WEST, MELISSA GAYLE	NEW AGE/HEALING WHOLENESS
MYTH OF CHOLESTEROL DISPELLING THE FEAR AND CREATING REAL HEART HEALTH	DUGLISS, PAUL M.D.	CHOLESTEROL
CHAKRA WORKBOOK - GUIDE TO REALIGNING YOUR BODY'S VITAL ENERGY	VOIGT, ANNA	CHAKRAS
EXPLORE, TRANSFORM, FLOURISH - SUPPORT AND HOPE FOR THOSE WHO HELP OTHERS	STEVENS, GILLIAN	SELF HELP/PERSONAL
WIDOW'S WALK - ONE WOMAN'S SPIRITUAL AND EMOTIONAL JOURNEY TO A NEW LIFE	HOSANSKY, ANNE	WIDOW